

PHS

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Pima Health System - Office of Medical Management

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**Pima Health System
Clinical Practice Guideline for
The Diagnosis and Management
Of Diabetes**

October 2009

Pima Health System, Clinical Practice Guideline/Medical Management Committee Membership

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Purpose of this Document

Pima Health System has adopted the American Diabetes Association's *Standards of Medical Care in Diabetes - 2009*, to serve as an evidence-based framework for practitioners' clinical decision making with patients who have diabetes. Extensive literature review on Diabetes and Practice Guidelines developed for diabetes suggests that the American Diabetes Association's, *Standards of Medical Care in Diabetes - 2009* is among the most comprehensive, evidence-based clinical practice guideline for this condition. The comprehensive guideline covers the diagnosing, evaluation and management of diabetes, and also includes a section on the management of diabetes in special populations, including children/adolescents, preconception care and older individuals.

As with all guidelines, this adopted clinical practice guideline is designed to assist practitioners by providing an analytical framework for the evaluation and management of members with a specific condition/disease and is not intended to either replace the practitioners' judgment or to establish a protocol for all members with a particular condition/disease. Clinical practice guidelines need to be revised periodically based upon changes identified in both local and national practice patterns and standards. This allows deviation from the guideline in unique clinical situations as long as the reason for variation is clearly documented in the medical record.

Obtaining Copies of the American Diabetes Association's Standards of Medical Care in Diabetes - 2009

Copies of the ADA, Standards of Medical Care in Diabetes - 2009 may be obtained through the American Diabetes Association at:

<http://professional.diabetes.org>

(Clinical Practice Recommendations →2009 Clinical Practice Recommendations)

Provider Feedback

Pima Health System welcomes feedback on all of our practice guidelines. All suggestions and recommendations are taken into consideration by the health plan's Clinical Practice Guideline/Medical Management Committee in our ongoing review and revision of the guidelines. Comments may be submitted to:

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Guideline Approval

Guideline: Diagnosis and Management of Diabetes	PHS CLINICAL PRACTICE GUIDELINES
Applicable To: Ambulatory, Long Term Care	
Effective Date: 10/2009 Approved By: <i>Fred Miller MD, PhD by signature</i>	
Supersedes: 11/98, 9/01, 4/02, 4/04, 5/07, 5/08	